



## STUDENT HEALTH FORM



If you are a new student enrolling at AISC, please attach a copy of the immunization records & proof of physical exam in the last 12 months & submit the complete form to: Sanja Ilic, Admissions Director. Returning students, please return the Student Health Form and the Physical Examination Form to the Health Office.

**Name of Student** \_\_\_\_\_ **Birth Date** \_\_\_\_\_ **Sex** \_\_\_\_\_  
(MM/DD/YY)

**Grade** \_\_\_\_\_ **Entrance Date** \_\_\_\_\_  
(MM/DD/YY)

### FATHER

### MOTHER

Name :

Home address :

Home Telephone:

Mobile:

Office Address:

Work Telephone:

Siblings in the School (names and grades) \_\_\_\_\_

Emergency contacts in Chennai: \_\_\_\_\_

Emergency Contact's Phone: \_\_\_\_\_

Doctor's Name: \_\_\_\_\_

Doctor's Phone: \_\_\_\_\_

Living with both parents? \_\_\_\_\_ If Not, which parent? \_\_\_\_\_

TB Status: \_\_\_\_\_

Students are required to be screened for TB by PPD/Manitox skin test or Chest X-ray

TB Skin Test Date: \_\_\_\_\_ Result: \_\_\_\_\_  
OR

Chest X-ray: \_\_\_\_\_ Date: \_\_\_\_\_ Result: \_\_\_\_\_

**The above requirement is waived if they have had a BCG vaccine in the last 5 years.**

BCG Date: \_\_\_\_\_

Required Immunizations (parent or physician must provide dates). You may also just attach a copy of the records instead.

Diphtheria	#1	#2	#3	#4	#5
Tetanus, Pertussis (often Given As DPT)					
Poliomyelitis					
Measles				often given together	
Mumps				As	
Rubella				MMR	

**Recommended Immunizations: (Please fill in the date)**

H-6 (Haemophilus Influenza): \_\_\_\_\_ Hepatitis A: \_\_\_\_\_

Hepatitis B: \_\_\_\_\_ Varicella (Chicken Pox): \_\_\_\_\_

Pre-rabies series: \_\_\_\_\_ Typhoid: \_\_\_\_\_

Japanese Encephalitis Series: \_\_\_\_\_

Please list any medications that your child takes routinely or for emergency and the purpose for which they take them and frequency \_\_\_\_\_  
\_\_\_\_\_

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Any medications to be administered by the Health Office must be sent in with written instructions. There is an "Authorizations for Medication Form" available in the Health Office and is included in this packet. Please send a copy of the doctor's prescription with it. It is very important that the nurse has your child's emergency backup medications (such as inhaler, epi-pen)

Reminder: Middle School & High school student's tetanus vaccinations should be repeated every 10 years and a 2<sup>nd</sup> measles or MMR should be done by grade 6.



## STUDENT'S HEALTH HISTORY

Does your child have any of the following? If yes, please supply details such as specific diagnosis and current treatment. For allergies, specify allergens and note severity of the allergies/common symptoms.

HEALTH PROBLEM	YES	NO	DETAILS
Allergies (Please review any past reactions to food, medicine, bee stings, environment)			
Asthma, (Please inform nurse of details especially if child requires the use of an inhaler)			
Neurological Disorders			
Seizure disorder/epilepsy (inform nurse of type/frequency/medication and other details of seizure)			
Diabetes (Please contact nurse with details)			
Frequent ear infections			
Hearing difficulties			
Frequent headaches			
Heart problems			
Kidney/Urinary problems			
Menstrual problems			
Orthopedic(bone) problems			
Skin problems			
Eye problems			
Wears glasses/contact lenses			
Emotional problems			
Other health problems			

Blood Type: \_\_\_\_\_ Rh+ or Rh \_\_\_\_\_

Explain any limits on physical activity (especially such as shortness of breath, loss of consciousness or irregular heartbeat) and list any illness or serious injuries that have occurred within the last 6 months.



**MEDICATION PERMISSION (NON-PRESCRIPTION)**

With your permission the school nurse can administer the following non-prescription medications without contacting you first.

**For all ages**

- 1. Acetaminophen for headache and minor discomfort (other names for this are Tylenol, Panadol, Paracetamol)
- 2. Strepsils throat lozenges for mild sore throat
- 3. Cough lozenges for cough
- 4. Topical ointments or solutions for minor wounds, skin irritations and insect bites/stings (list in available in Health Office)

**For Middle and High School**

- 1. Ibuprofen for menstrual cramps or sprains (anti-inflammatory)
- 2. Pepto-Bismol for nausea, mild diarrhea

(Please draw a line through any you do NOT want the nurse to give)

I give my permission for the school nurse to administer these medications listed above:

Yes                      No

Parent Signature: \_\_\_\_\_

**EMERGENCY PERMISSION:**

I will hereby give permission for emergency measures to be initiated in case of accident or sudden illness with the understanding that I will be notified as soon as possible.

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Reviewed By Nurse: \_\_\_\_\_

Date: \_\_\_\_\_

**AUTHORIZATION TO ADMINISTER PRESCRIPTION MEDICATION TO STUDENTS**

**(DURING SCHOOL HOURS)**



(Please attach prescription from the doctor with this form. Always send medicine in original packaging)

I request that during school hours my child:

Name of Student \_\_\_\_\_

Grade \_\_\_\_\_ Birth date \_\_\_\_\_

Be given:

Name of Medicine: \_\_\_\_\_ Dose: \_\_\_\_\_

For the Treatment of: \_\_\_\_\_

Times to be administered: \_\_\_\_\_

Effective for what dates: \_\_\_\_\_

Possible side effects: \_\_\_\_\_

Any other special instruction: \_\_\_\_\_

I realize the administration of this medication will necessarily be done by the school nurse:

Parent's Signature: \_\_\_\_\_ Date \_\_\_\_\_

Under specific circumstances, i.e. age, or severe asthma/allergies the student may be approved to carry own medication.

Student has been approved to carry own medicine and medicate self? Yes      No

Nurse's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Principal's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Note: If you answered yes to the questions regarding Allergies or Asthma, please fill out the accompanying documents**

**STUDENT ALLERGY INFORMATION**

Name of Student: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Grade: \_\_\_\_\_

Allergic to: \_\_\_\_\_

Note: If your child has different symptoms with different kinds of substances, please explain.

Also has asthma? Yes No

**Check the symptoms your child has had with this allergy:**

- Hives, itchy rash
- Swelling about the eyes, face or extremities
- Itching and swelling of the lips, tongue or mouth
- Itching and/or tightness in the throat, hoarseness, hacking cough
- Nausea, abdominal cramps, vomiting and/or diarrhea
- Shortness of breath, repetitive coughing and/or wheezing
- Faint feeling, weak pulse, "passing out"
- Other \_\_\_\_\_

Has the student ever had hospital emergency treatment for allergic symptoms? \_\_\_\_ No \_\_\_\_ Yes  
Describe the reaction and treatment:

\_\_\_\_\_  
\_\_\_\_\_

**Student's allergy medications:**

Medication	Dose/Amount	Time/s Given	Any other instructions

If student will be taking this medication at school, or may need any medication in case of reaction, please provide the Health Office with:

1. the medication in its original container or in a container labeled by the physician or pharmacist
2. a prescription or explanatory note from the physician for each medication
3. a medication permission form for each medication, completed by the parent

Additional information you wish the nurses to know:

\_\_\_\_\_  
\_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_





## STUDENT ASTHMA PROFILE

Dear parent/s: On school records you indicated that this student has asthma. It is important to have at least annual health information for any student with a health condition. This information will be kept in the student's file in the AISC Health Office to provide guidance to the school nurses or other staff in the event of an asthma attack. If there is a change in the student's asthma management or any hospital visit for asthma, the parents are requested to notify the Health Office as soon as possible.

If the student will take or may need medication during the school day or on off-campus trips, please provide the Health Office with:

1. the medication in its original container or one labeled by the physician or pharmacist
2. a prescription or explanatory note from the physician for each medication
3. a medication permission form for each medication, completed by the parent

If the student will be carrying his/her inhaler, student should be instructed by parent and physician on proper use of the inhaler and when he/she should seek assistance from the school nurse. The student **must** seek assistance if no relief from inhaler or in significant problems with breathing or coughing.

Student Name: \_\_\_\_\_ Grade/Class: \_\_\_\_\_

Doctor who treats the student for asthma: \_\_\_\_\_ Phone: \_\_\_\_\_

Has the student been treated in the hospital for asthma in the past year and if so, what dates?

\_\_\_\_\_

Is a peak flow meter used? No      Yes      How often? \_\_\_\_\_ Best flow rate is \_\_\_\_\_

How often does the student use the quick relief inhaler for relief of symptoms? (Albuterol, Salbutamol, or similar bronchodilator)

every day      about once a week      several times a month      less than once a month  
before exercise

Does the student use a nebulizer at home?      No      Yes      How often? \_\_\_\_\_

Check the signs that your child shows during a typical asthma attack:

Coughing	Difficulty walking/talking
Wheezing	Bluish color of skin or nails
Feels frightened	Other _____
Short of Breath	



Student's asthma triggers (substances/conditions which may cause asthma symptoms): check all that apply.

Exercise	Pollens	Molds
Respiratory infections	Strong odors or perfumes	Bee venom
Change in temperature	Chalk dust/dust	Smoke
Animals _____	Carpets in the room	Other _____
Foods _____	Medicine _____	

Student's medications: Please list all asthma medicines, doses, times given. Check (X) those that will be given at school.

**Maintenance Medications:** that which is taken daily to maintain control of asthma and prevent attacks. This medication is not for use for quick relief.

\_\_\_\_\_  
**Quick-relief Medications:** bronchodilator medicine which is taken immediately when symptoms occur. Indicate any special instructions, such as use of spacer.

\_\_\_\_\_  
**Quick-relief will be kept at school:**

with student      in health office

other \_\_\_\_\_

Other comments: \_\_\_\_\_

Parents Signature: \_\_\_\_\_ Date: \_\_\_\_\_